



How To “Dress To Impress”

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More than fifty percent of another person's perception of you is based on how you look and therefore your appearance is crucial to making a good impression. What to wear for a job interview has to be researched by doing a good job interview preparation. These tips can guide you but are not applicable in all situations.

General tips on what to wear for a job interview for both men and women:

- Be conservative, simple and modest. Conservative is best for the interview regardless of the dress code at the organization.
- If you're unsure, call them and ask! If you are still unsure, go for a conservative look.
- Well-groomed hairstyle.
- Clean, trimmed finger nails.
- Minimal cologne or perfume.
- No visible body piercing.
- Cover tattoos.
- No gum, candy or cigarettes.
- Wear one ring and limited jewelry.
- Absolutely no jeans, sandals, t-shirts, shirts with logos, or garments with obnoxious prints.
- Pay particular attention to your shoes. Managers, especially those who have been in the military, can determine a lot by looking at your shoes.
- Iron your clothing; wrinkles say, “I don’t care how I look!”
- Turn OFF your cell phone.

What men should wear for a job interview:

- Conservative suit - two piece suit & tie, conservative & solid color. (For a very formal interview.)
- Long sleeve button-down shirt and either black, gray or khaki slacks; nothing too bright.
- Wear a conservative tie and always tuck in your shirt.
- Dark shoes & dark socks.
- Avoid beards & mustaches. (If you cannot help this, make sure it is well trimmed.)
- Get a haircut. A short and conservative style is best.
- Do not wear any earrings.

What women should wear for a job interview:

- Avoid dresses.
- Nothing too short, or too tight, and absolutely no cleavage, chest, or shoulders showing.
- Any skirt suit or pants suit in a modest color (For a very formal interview.)
- A nice button-up shirt and slacks or a conservative skirt that reaches to knees when sitting.
- Stay with muted, conservative colors and patterns (Black, gray, navy, white are always safe!)
- Shoes should have conservative heels. Closed-toe or peep-toe are best.
- Conservative nail polish.
- Don't wear heavy eye make-up or bright lipstick. Keep it light and natural.
- Keep hair neat (Up or down, but not hanging in front of face or eyes.)
- Limit jewelry to one ring and one set of earrings, maybe a tasteful necklace.

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